



ASA Training Materials Umpire Sales

Prices Current as of 01/14/10



Umpire Plate Mechanics

\$29.25

Umpire Mechanics an animated DVD. The Amateur Softball Association of America (ASA), The National Governing Body of Softball, is proud to introduce this ASA Umpire Mechanics DVD aimed at all levels of ability. This DVD Covers Plate Mechanics including Stance, Set Position, The Pitch Movement, Plays at the Plate and Base Mecanics Including Starting position, Tag Plays, Force Plays, Plays at 1B, Inside/Outside Theory, Adjustment from Primary Position, Fly Ball Coverage, Between Innings Mechanics.
(item# UMP 680)

[VIDEO PREVIEW](#)